



# BLOOD WORK REQUIREMENTS

Amateurs who wish to compete in MMA or any martial arts event are required by law to provide negative results, dated within 180 days preceding the event for all the following:

- **Antibodies to Human Immunodeficiency Virus (HIV)**
- **Hepatitis B surface antigen (HBsAg)**
- **Antibodies to the Hepatitis C virus**

## SUGGESTIONS TO GETTING THE TESTS ORDERED

- Go to your primary physician and request the above tests

OR

- Order the "Combative Trio" online
  - [www.requestatest.com](http://www.requestatest.com)
  - [www.advancedsportslabs.com](http://www.advancedsportslabs.com)
- Both of these websites allow you to choose the lab closest to you to get your blood drawn

*Test ORDERS are NOT the same things as Test RESULTS. Make sure you have the correct document*

*Results must be dated within 180 days preceding the date of the event to be valid.*

**SEND RESULTS TO: GCA**

**FAX # (804) 441-9037**

**EMAIL: [info@gcafights.com](mailto:info@gcafights.com)**